NAUA

Grapes

MILWAUKEE COUNTY SENIOR DINING INDIAN COUNCIL OF THE ELDERLY

944 N. 33rd STREET FOR PICKUP/DELIVERY

NOVEMBER



MILWAUKEE COUNTY Department on Aging		NOAFWRF	7	
MONDAY		THURSDAY		FRIDAY
Turkey Ham & Cheese	2	Sliced Ham & Cheese	5	Chicken Salad 6
Sub Sandwich w/Mayo		w/Lettuce & Mustard		on Whole Grain Bread
Veggie Pasta Salad		on Croissant		Cottage Cheese & Tomatoes
Kidney Bean Salad		Red Cabbage Slaw		Apple Juice
Baker's Choice Cookie		Pickle Spear		Sugar Cookie
Raisins		Peaches		Mandarin Oranges
Roast Beef	9	Sliced Turkey	12	Tuscan Tortellini Salad 13
on Italian Bread		on Whole Grain Bun		Spinach, Salami, Pepperoni,
Mayo		w/Mayo		Black Olives, Mozzarella Red Wine Vinegar Dressing
Marinated Carrot Salad		3-Bean Salad		Served over Lettuce
Potato Salad		Apple Juice		Crusty Bread
Blushing Pears		Snickerdoodle Cookie		Applesauce
Lemon Bar		Orange		Brownie
	16	· · ·	19	
on 7-Grain Bread		Salad		on Wheat Bread
Broccoli Slaw		Tortilla Chips		Baby Carrots
Marinated Bean Salad		Fruit Cup		
Pretzels		✓ Orange Juice ✓ O		Peach Crisp
Cinnamon Apple Slices		Coffee Cake		Banana
	23	THANKSGIVING DAY 2	26	27
on Kaiser Roll				
Pea & Cheese Salad				\bigcirc
Sun Chips				
Spice Cake				
Granny Smith Apple			-	
Chicken Salad	30	Y U'RE		RESERVATIONS REQUIRED I
on Bed of Lettuce		INV/TED	Ľ	RESERVATIONS REQUIRED 9:30-11:30 24-HOUR NOTICE
Pickled Beet Salad		MILWAUKEE COUNTY SENIOR DINING	۱.,	
Breadsticks		60+ Suggested Contribution		933-1401
Fruited Yogurt				9.5.5-1401

DEMENTIA



A public health priority

What are the symptoms?



Who is affected?



What is the cause?

Conditions that affect the brain, such as Alzheimer's disease, stroke or head injury



What does it cost?



2030 US\$2 trillion





Families and friends provide most of the care

Carers experience physical, emotional and financial stress

